Dementia and Alzheimer’s disease don’t just affect the individuals living with the disorder. It impacts the entire family unit. In fact, it can be so extensive that primary caregivers are sometimes called “the second victims of Alzheimer’s” and families are referred to as “the invisible patients.”

**Community Education Program - April 4, 2017**

*Guest speaker: Janet Brian Mills, MS, CDP, CDCM
Owner/CEO of Geriatric & Dementia Care Consulting, LLC*

**10 am - Noon**  
Luther Acres, Community Room

**5:30 - 7:30 pm**  
Moravian Manor, Steinman Hall
Join us for our April community education program with guest speaker Janet Brian Mills, MS, CDP, CDCM. She’ll provide insights and strategies to help you better connect with and communicate with your loved one, as well as offer tools and tips for identifying common stressors and coping strategies.

COMMUNICATION & DEMENTIA
- Types of Communication
- Communication Challenges
- Communication Barriers
- Stages of Dementia
- Communication Connectors
- Communication Do’s and Don’ts

CARING FOR THE CAREGIVER
- Identifying Caregiver Stress
- Common Signs
- Alleviating Caregiver Challenges

FAMILIES & DEMENTIA
- Understanding Reactions & Responses
- Decisions & Resources
- Care for the Caregiver
- Guidelines for Interacting with Family

This is a free education program open to the general community.

About the Speaker
Janet Brian Mills is passionate about helping others understand the challenges of aging in a caring, compassionate, and committed manner. She has 20 years of experience working with seniors in the long term care field and an additional 20 years of experience in social service positions. These experiences include director/administrator of secure dementia facilities, plus 11 years as a volunteer facilitator for an Alzheimer’s Association’s caregivers’ support group.

Dementia & Alzheimer’s Disease: Why It’s A Family Affair
April 4, 2017
10 am - Noon, Luther Acres, Community Room
5:30 - 7:30 pm, Moravian Manor, Steinman Hall

To RSVP, please call Your Neighborhood Connection at 717-627-0072 or email Karen@yourneighborhoodconnection.org by March 28.

Space is limited; reserve your seat early. Refreshments will be served prior to the prompt start of the program.